

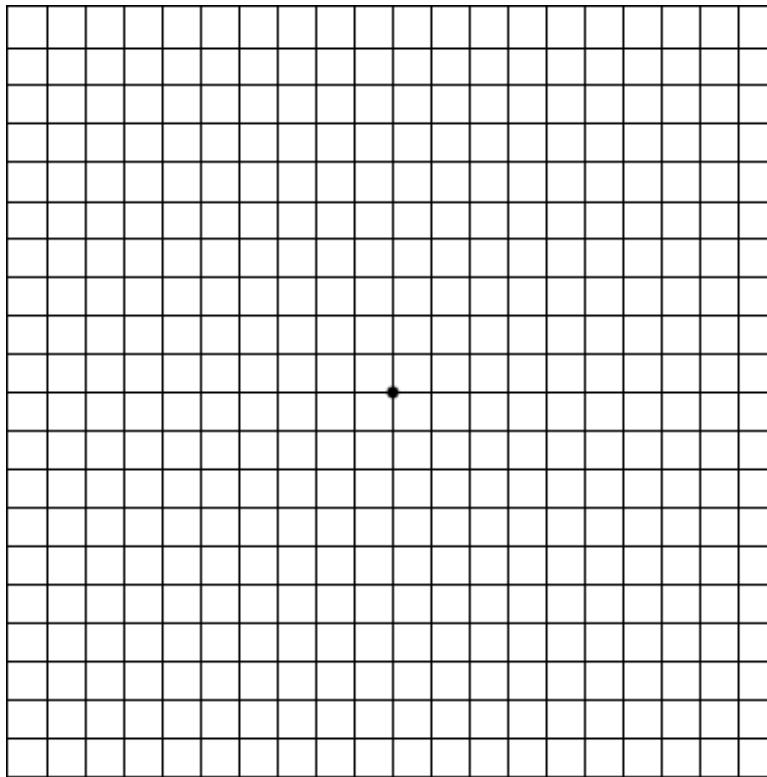


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OPTOMETRIST

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How to use the Amsler Grid

1. Test your eyes under normal room lighting that you use for reading.
2. Wear eyeglasses you normally use for reading (readers, bifocals, progressives, etc.)
3. Hold the Amsler grid approximately 14 to 16 inches from your eyes.
4. Test each eye separately: Use your hand to cover one eye while testing the other.
5. Keep eye focused on the dot in the center of the grid and answer the following questions:
 - Do any of the lines on the grid appear wavy, blurred or distorted?
 - Do all the boxes in the grid look square and the same size?
 - Are there any “holes” (missing areas) or dark areas in the grid?
 - Can you see all corners and sides of the grid (while keeping your eye on the central dot)?
6. Switch to the other eye and repeat.

IMPORTANT: Report any irregularities to your eye doctor immediately. Mark areas of the Amsler grid that you’re not seeing properly (use two grids if you notice problems in each eye), and bring the grids with you when you visit Dr. Guerrieri.

Pick up more copies at our office or print from drguerrieri.com for your convenience!